Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Hr.\_\_\_\_\_\_\_\_\_\_

 **Iron Chef Challenge**

**Lab Final**

**Objective:** To make a creative balanced breakfast for $1.00 using an egg as your protein.

You must use also use a fruit or vegetable and a grain from the items on the counter.

Remember to write in your menu.

You are required to cost out your ingredients. Your grade will be based on how you use your ingredients, staying within the required budget, accurate math calculations and a proper place setting.

 BREAKFAST MENU Draw the place setting for your meal

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please use other side of paper for your calculations.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  **Food Name** |  **Amount needed** |  **Quantity cost**   |  **Unit cost** |  **Your cost** |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

 **Your Total Cost\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**